



10 Things Not to Do in an Interview

Negativity and Nerves

Comprehension Questions

View the programme attentively. After you watch the programme, complete the following comprehension questions and tasks.

1. Hansel and Gretel could have used their experience to show the interviewer the skills and qualities they possess, rather than being so negative.

Provide at least two (2) skills and/or personal attributes they would have used to overcome their traumatic experiences in the woods and explain how they would be beneficial in a workplace setting.

2. Carol also recognised that Rapunzel “sold herself short”. What were the two workplace skills the interviewer said Rapunzel could have talked about by describing:

a) breaking out of the tower?

b) working with the prince?

3. One candidate in particular demonstrated that a lack of research can really affect nerves in an interview. Which candidate was this and how did they behave due to their nerves?





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4. What are some of the strategies the interviewer and the Big Bad Wolf suggested to reduce anxiety and nervousness?

- _____
- _____
- _____
- _____
- _____

5. Fill in the missing words from the word bank. Use each word once only.

confidently
examples

build
sell

role
potential

Employers expect candidates to “_____” themselves, which simply means to speak _____ about your experience and also your _____. Employers understand that young people may not have been able to _____ their professional skills yet, but the best candidates will use _____ of how they have applied themselves in other settings and relate them back to the _____.

